THE TIMES-VIRGINIAN
PUBLISHED EVERY THURSDAY
IN THE HEART OF VIRGINIA'S DARK TOBACCO BELT
Appomattox, Virginia 24522
ESTABLISHED IN 1892

W. Lloyd Vaughan, J. Franklin Vaughan .... Co-Publishers and Co-Editors

Mrs. Beck Hudson .... News Editor

Entered as second-class matter at the Post Office at Appomattox, Virginia, under the Act of Congress of March 3, 1879.

Address all correspondence to **The Times-Virginian**, Appomattox, Virginia 24522

Subscription rates: $4.50 a year in Amherst, Appomattox, Buckingham, Campbell, Charlotte, Nelson and Prince Edward Counties, elsewhere $5.00, payable in advance.

Member: Virginian Press Association

Single Copy 10 cents

Letter To The Editor

Editor of the news:

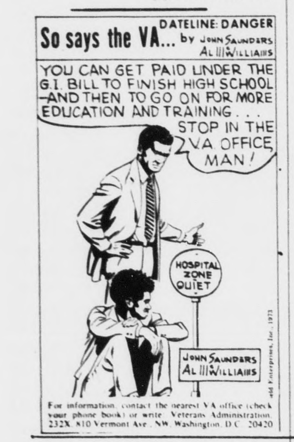
The following are two excerpts from our Declaration of Independence: Prudence, indeed, will dictate that governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such government, and to provide new guards for their future security.

And for the support of this Declaration, with a firm reliance on the protection of Divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.

Of the 56 signers of this Declaration, five of them were captured by the Bristish as traitors and tortured before they died. Twelve had their homes ransacked and burned. Two lost their sons in the Revolutionary Army, another had two sons captured. Nine of the 56 fought and died from wounds or the hardships of the Revolutionary War. Many others lost their property, homes, business, wives and children. These men signed this document knowing that it would mean their death if they were captured.

Where are such statesmen of today, whose faith is in God, not government? Until this nation again recognizes who God is, we will not become one nation under God ever again.

Clyde T. Mayberry
Rt. 1, Box 360
Appomattox, Va.



WRECK ISLAND EXTENSION HOMEMAKERS CLUB

Mrs. Rose Burnett was hostess to the Wreck Island Extension Homemaker's Club when it met at her home on Wednesday January 16th at noon for a covered dish lunch. There were thirteen members present and two visitors.

One new member Mrs. Louise Lawson was welcomed to the club.

Devotions were led by Mrs. Shirley Tanner. A business session was conducted by our president, Mrs. Dixie Staton. She announced the following events and urged participation by the members. On Thursday, January 24th at 1:30 p.m. a leader training meeting on "Health" will be held at the Extension Office. "Basic First Aid and Home Nursing, topic. January 31st a Trunk Decoration Workshop will be held at the District Office on Main Street. There will be two sessions to choose from 9:30 a.m. or 1:30 p.m. given by Mrs. Louise Barger and Mrs. Shirley Walton. "Nickles for National" was discussed. This is to help strengthen the Homemakers Program by providing leadership training for extension offices. Members agreed to donate.

Mrs. Staton read a thank you note from Hazel Mann thanking club members for their donation for foster care children Christmas.

The following project leaders were named for 1974. International - Mrs. Ruth Carson, Cultural Arts, Mrs. Dixie Staten; Safety, Mrs. Eloise Wheeler; Family Life, Mrs. Helen Stratton, Mrs. Marie Carson and Mrs. Tilden Lee. Health, Mrs. Harvie Thomas; Public Information, Mrs. Louise Lawson; Mrs. Ruth Carson, Federation Program Chairman presented an interesting talk and quiz on "How Does Your Community Rate."

A demonstration on "Downtown Appomattox" was given by Mrs. Shirley Walton. She showed colored slides made during "RAilroad Day" in November.

Mrs. Dixie Staten also showed how to cut an egg for "Eggcraft". The meeting adjourned with members repeating the Homemakers Creed.

The topic for the February demonstration is "Basic First Aid and Home Nursing" and will be given by Mrs. Harvie Thomas.

This meeting will be held at the home of Mrs. Eloise Wheeler at 11:30 a.m. Members are asked to bring a covered dish.

Mrs. Tilden Lee
Secretary

Buckingham County Day To Be Held

George "Skip" Hogue, president of the Buckingham County Lions Club, led in a meeting of the Lions at Dillwyn last Thursday evening as the club made plans for Buckingham County Day which will be held in the country on Friday and Saturday, May 17 and 18.

The two day festival will feature a parade, amusements an games, food, exhibits and a brief patriotic program on the history of the county and nation featuring an outstanding person.

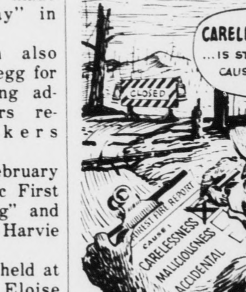
In an effort to make known the economic and business, scenic and recreational and educational advantages of this central Virginia county all civic, business and social clubs of the area will be invited to participate.

Named to head up the committees that will prepare for the celebration are: Abner Seay, business; Bobby and "Pete" Gowin, amusements; Edward LeSeuer, parade; Buddy Seay, food; Donnie Davis, traffic and police; Malcolm Booker, grounds; Ben Bersch, finance; Manley Tobey and Roy Cain, Publicity. Floyd Neal Word will assist president George Hogue in coordinating the effort.

President Hogue emphasized that all money earned by the Lions Club and other groups participating in the Buckingham County Day festival will be used for local charities and local community causes.

He called upon every member of the local Lions Club to work on a committee in an all-out effort to make the Buckingham County Day festival a success, as people from every surrounding county will be invited to join in the festival and celebration.

Smokey Says:



Don't you be careless! Prevent Forest Fires!

The Pastor Speaks

FORGIVENESS

"Good to forgive;
Best to forget!
Living we fret;
Dying we live."

Robert Browning wrote these lines catching the truth the Bible had been voicing through the centuries.

Forgiveness is a God given gift that few of us use. Yet we are told to forgive as He forgives us.

Browning is only echoing the age Old Bible truth it is "best to forget". Forgetting is certainly a divine quality. Man forgives but seldom forgets. Our Lord forgives and forgets as if it had never happened.

Browning was right in his little poem but human like, centuries late when he wrote "Dying we live". Centuries before the Scottish poet, Christ taught eternal life was just that - eternal. To die for him was to live forever.

And be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you."Ephesians 4:32

Rev. Cecil V. Dalton, Pastor
Appomattox C.H. Presbyterian Church

FOOD SHOPPER

By
Cathy B. Hinton
Virginia Department of Agriculture

It's hard to believe that before the Civil War people raised most of what they ate and also processed it themselves. Food additives in those days were limited to home-grown colorings and such things as salt, spices, and smoke, substances needed for preservation. Now, we are living in a different age -- the age of modern food technology.

Many shoppers take processed foods for granted. But, do you remember when cottage cheese separated, cookies dried up in two days, canned vegetables were soft and mushy and those delicious marshmallows got too hard to toast? Without additives these foods would still have these characteristics. Just think about it, the old concept of bakery freshness -- good today, stale tomorrow.

Consumers enjoy the pleasures that food additives provide, but are concerned about what's going into their food. American consumers are protected by the most strigent food laws in the world. Any substance proposed to be used as a food additive must undergo strict testing. It can be legally used when test results show it is safe plus it performs an intended effect in the production, manufacture or storage of a food.

Additives are approved if there is a certainty that no harm will result if they are used over a lifetime. It is amazing how minute the amounts of additives are. For example, BHA and BHT are used to keep foods from turning rancid in a short time. Check the labels of baked goods or cereals and you'll probably see BHA or BHT. In the average American diet both of these additives are consumed in amounts slightly less than four parts per million. The amazing thing is that four parts per million in all the food a person might consume in a lifetime would equal about four mouthfuls.

Without additives your local food store would need a lot less room to sell what foods would be left. We would be forced to return to foods that have the variety and quality familiar to grandmother.

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Local Students Accepted At Ferrum College

Ferrum College has accepted two students from the Appomattox area for the fall semester of 1974.

The students accepted include Miss Emma Jo Hamilton, daughter of Mr. and Mrs. L. W. Hamilton of Pamplin, and Miss Kathryn Ann Robinson, daughter of Mr. and Mrs. Gerald L. Robinson of Appomattox.

Ferrum's spacious 754-acre campus is located 35 miles southwest of Roanoke in the heart of the Blue Ridge Mountains. It is a two-year, church-related college offering transfer programs in liberal arts, engineering, education, business and career courses in secretarial science.

Approximately 1,150 students enrolled in the co-ed college during the 1973-74 academic year.

The Sunday School Lesson

**HERBERT C. BRADSHAW
P. O. BOX 1833
DURHAM, N. C. 27702**

Comment on the International Sunday School lesson for Sunday, January 27, 1974.

Topic: Life in Christ.

I am the way, and the truth, and the life; no one comes to theFather, but by me. John 14:6.

Life is a road on which the individual moves from the beginning of his mortal existence to its end. There are various roads a person may take, but they all have but two destinations: one is God, the other is separation from God. It is God's desire that everyone choose Him as the destination for life; because of this desire, He has revealed the way and provided access to Himself.

A person cannot live in security and stability unless he can depend upon the faithfulness of others. He must be confident that his employer will pay him the agreed wages. He must be confident that the goods he buys, the material necessities of life, measure up to proper standards of quality; for example, he must have confidence that the food he buys is unspoiled. Whenever a person does not keep his word to another, he violates one of the essentials on which human relationships depend. Truth in human dealings is an essential of life.

In interpreting Himself and His mission in terms of life's essentials, Jesus gave to them a spiritual connotation. He is the Bread of life, to satisfy spiritual hunger, a want in man as real as physical hunger. He gives the water of life, which quenches spiritual thirst. He is Light, to enable those who follow Him to see clearly the path of life, avoid the pitfalls, find help to surmount its obstacles, and reach safely the one desirable destination. Because He loves people without reservation, He provides the example for each individual to love his fellows.

Now, in John's report of the dialogue Jesus had with His disciples after they had eaten the Passover meal together, Jesus identified Himself as the way, the truth, and the life. He used each of these terms in its spiritual connotation. He is the way to God, the truth of and about God, the life in God. Thus He is the answer to the basic questions men have about life's ultimate realities, the guide, even as He is the light, to the path, the revelation of God to human knowledge and experience, the giver of life which is everlasting.

But Jesus is more than guide to life's pathway which has God as its destination. Jesus is Himself that way. He declared that only through Him could a person come to God, the Father. This is a strong claim, and it refutes the claim that all religions are equally good or that all have the same objective. This claim of Jesus to be the one way of access to God explains why Christians offer prayers in the name of Jesus, communicating with God through the Son. In this claim of Jesus to be the one way to God, the truth of God, the life in God lies the basis for Christian evangelistic and missionary effort.

In addition to being the way to God, Jesus is the truth of God. The fullest knowledge the human race has of God is what it knows of Jesus Christ: "If you had known me, you would have known my Father also."

Jesus is the truth of God in another sense, also. Human living depends upon the realiability of promises. Jesus was the fulfillment of God's promise to send to people a Redeemer. In His coming God's faithfulness was proved; God's promises were shown to be true and dependable. If history shows God's truthfulness and faithfulness through sending the Savior, man can rely upon His promise to redeem from sin those who accept the atonement Jesus made in His death upon the Cross.

Jesus is life, and He gives life, without end, to those who trust Him. To give this life He came into the world. His ressurrection from the dead is the earnest of the believer's resurrection, and he promised His disciples to prepare a place for them in His Father's house. Because He is truth, the believer may have full confidence that in his own experience he will realiz[e the] promise.

[Based on copyrighted lines produced by the ... mittee on the Uniform S... and used by permisssion.]

Evergreen

Mrs. E. T. Bru[ce] returned home from the ... Hospital.

Mr. and Mrs. Thad M... Hampton, and Mrs. J... Cheatham, of Clearwate[r] is visiting Mr. and Mrs ... Cheatham.

Mr. and Mrs. Wylie ... son, of Lynchburg, an[d] Elsie Ranson visited Mr. ... Harvey Sunday.

Rev. C. Otis Sm... Appomattox, had cha... services at Baptist ... Sunday.

Mr. and Mrs. Jesse F... and family have mov[ed] their new home.

Mr. H. M. Stan... improving at his home.

Milton T. Bruce, a s... Civil Engineering at VP... made the dean's list for ... quarter. He is the son ... Reba H. Bruce.

Sympathy is exten... Mrs. Aubrey Ranson ... death of her mother, Mr... T. Evans.

Glad to know that ... Paulette is back at wo... had the flu. He has been ... some time.

Milton T. Bruce, of VP... visited the Babcock & ... Co., in Banberton, Ohio ...

Mr. and Mrs. Ernest ... of Pamplin called to s... Jim Wooldridge Sunday.

Mr. and Mrs. Arnie P... of Lynchburg, visited M... Mrs. A. B. Cocke and D... recently.

Mrs. C. J. Paulett[e] returned to Evergreen ... spending a month wit[h] brother and nephew, Ha... Ferguson and Herbert at ...

Mrs. Eva Lerner an... Larry Miles and son, T... and Mrs. Charles McF... all of Lynchburg, called ... Mrs. C. J. Paulette last w...

A number called to s... E. T. Bruce.

Mr. and Mrs. Donald ... and family spent the wee... at Roxboro, N.C. visitin[g] ... and Mrs. T. C. O'Brien.

"The South 40" by JAMES A. SMITH EXTENSION AGENT

One evening last week, a ...eaker told of being asked if ...od was high. His response ...as "Compared to what?" Is ...od high compared to the cost ...production--compared to the ...st of food elsewhere--com...red to the cost of other things ...u buy? The answer is no. The ...estion remains. Is food ...gh--compared to what?

* * *

Last year we exported to ...her countries $790 million ...orth of industrial goods ...oduced in Virginia and ...tween $120 and $130 million ...Virginia grown agricultural ...oducts.

I'm told that for every ...3,000 of exports we produce, ...e job is created. Looks like ...good business to produce ...other countries.

It's interesting to note that ...have $300 million foreign ...vestment in Virginia.

* * *

Cattle owners shouldn't ...ay discussing with their Vet. ...e value of vaccinating for ...R. It can cost you money if it ...your herd. Apparently, ...ere's a lot around.

* * *

Grass tetany is best pre...ted rather than treating ...you get it. The problem is ...ply a deficiency of magnes...

Cattle don't really like the ...of magnesium oxide. If ...are going to get ...sumption the taste will have ...be disguised. Using protein ...plement as a carrier is about the easiest way. Mix 12 parts by weight MgO to 88 parts protein supplement and feed at rate of 1/2 pound per head daily.

* * *

Beef calves dropped in October-November and December should be an creep feeders until at least mid-April. Use a 12% ration of corn and protein supplement.

* * *

There's a variety of Fire-cured Tobacco that has had little use in Appomattox County. It's Virginia 309. We'd like to see you try a portion of your crop in this new variety this year.

* * *

Copies of the 1973 Virginia Corn performance trials are available from our office. Corn producers will be particularly interested in data on early corn hybrids. These are varieties that can be planted in late June and early July. There is data on high lysine and waxy varieties. One of the most helpful pieces of information that is available for the first time is tons per acre of 35% silage and per cent ears. Silage producers should study this data carefully.

PRECIPITATION	
Last Week	.90
This Month	2.58
This Year	2.58

Hollywood

...Mrs. E. T. Ponton of Ronoke ...ent Sunday night with Mrs. ...L. Covington.

...r. Thomas Woodall and Mr. ...nneth Deaner were supper ...st of Mrs. Charlie Bagby ...urday night.

Mr. Clem Woodall is a patient ...Virginia Baptist Hospital.

Mr. Thomas Woodall visited uncle Mr. F. O. Covington of ...nchburg Saturday morning.

Mrs. Basil King of Covington ...a patient in the Emmett ...emorial Hospital in Clifton ...rge. We wish for her a ...eedy recovery. Mrs. King is a ...ter of Mrs. Thomas Woodall.

Those visiting Mr. and Mrs. ...H. Wingfield Sunday were ...v. and Mrs. W. H. Elder, Mr. ...d Mrs. Jackie Woodall, ...omas Woodall, Mrs. Ioan ...ayberry of Newport News, ...rs. Kenneth Deaner, Mrs. ...harlie Bagby and Mr. and ...rs. Bill Watson and William.

Visiting Mrs. Charlie Bagby ...nday were Mr. and Mrs. H. ...Jenkins, Mrs. E. T. Ponton, ...rs. M. L. Covington and Mr. ...fred Almond.

Mrs. Ioan Mayberry of ...ewport News is visiting her ...n-in-law and daughter, Mr. ...d Mrs. Kenneth Deaner and ...mily.

Mr. John Webb is a patient at ...edical Center in Lynchburg.

Mr. and Mrs. Monroe Webb ...d as their dinner guest ...nday, their children and ...eir families and Mr. and Mrs. ...W. Jenkins.

Mr. and Mrs. L. F. Day of ...ynchburg and Mrs. David ...epass and Sherrie were vistors Sunday in the home of Mr. and Mrs. R. M. Webb and Mr. Walker Webb.

Mr. and Mrs. Leslie Turns and Mr. and Mrs. Bennett Gilliam of Farmville were vistors Sunday night of Mr. and Mrs. Robert Coleman.

Mrs. Charlie Bagby and Mr. and Mrs. H. W. Wingfield visited Mr. and Mrs. Kenneth Deaner Wednesday night.

Stonewall

Believe on the Lord Jesus Christ, and thou shalt be saved. Acts 16:31.

Rev. Moore was on a trip over week end.

Mr. and Mrs. Glover had their father for week end.

Mr. and Mrs. Steve Tanner were Sunday dinner guest of his family Mr. and Mrs. Hugh Tanner and Gary.

Mr. and Mrs. Dallas Gillaspie and Mrs. Hazel Gillaspie were visitor of his uncle in Roanoke Saturday.

Mr. and Mrs. I. B. Wheeler visited Mrs. Hazel Gillaspie Thursday night.

Mrs. Rosa Burnett had as her guest Wednesday Mrs. Eloise Wheeler, Elsie Caldwell, Nina Caldwell, Hazel Gillaspie, Margaret Lee, Helen Stratton, Louise Lawson, Marie Carson, Ruth Carson, Alice Thomas Lucille Burnett, Shirley Tanner and Mrs. Shirley Walton, and Dixie Staton.

Mrs. Erah Elliott, Hop and Dorothy Elliott went to Lebanon, Virginia Tuesday to attend the funeral of Mrs. Mort Elliott who passed away Monday. They came home Friday night.

Mr. and Mrs. Bob Harris and Will were dinner guest of Mrs. Nina and Elsie Caldwell Saturday.

Mrs. Barbara Jordon of Concord visited them Sunday afternoon.

Mr. and Mrs. Ben Wheeler, Mr. and Mrs. H. B. Jones, Kathy Irby and Richard visited Mr. and Mrs. I. B. Wheeler Sunday.

Mr. Osborne Davidson is improving after having pneumonia last week. Mr. Crawford Davidson is not able to walk due to injury to leg.

Smokey Says:

Pamplin

Mrs. James Elliott Cheatham of Clearwater, Fla. arrived last Sunday for a visit with Mr. and Mrs. Z. E. Cheatham, Evergreen.

Mr. and Mrs. Harold Southern of Norfolk and Mrs. Nancy T. Williams of Richmond visited relatives last Sunday.

Mrs. John Cole had a fall in her home last week and is a patient at Lynchburg General Hospital.

Mrs. Lacy Dickerson returned home last week from Lynchburg General Hospital.

Mr. and Mrs. J. M. Inge spent last week end with their son and daughter-in-law, Mr. and Mrs. Malcolm Inge, of Dayton, Virginia.

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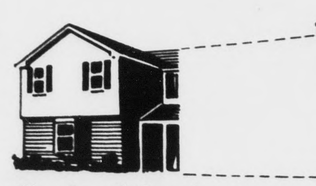

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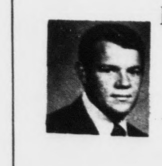

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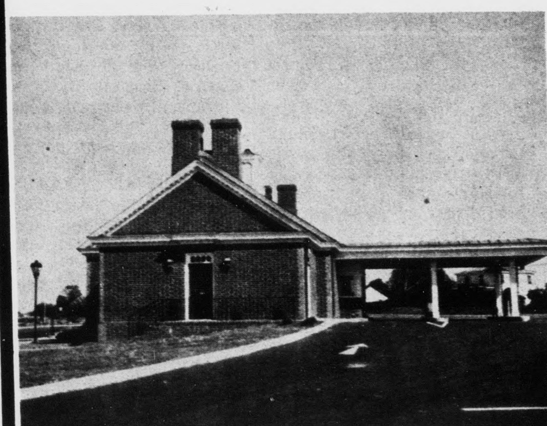

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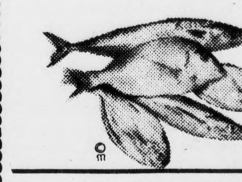

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TROUT
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lb. 39¢

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Country Style Spare Ribs lb. 99¢

Center Cut Loin Chops lb. $1.59

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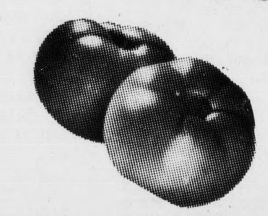
Franks 12 Oz. Pkg. 69¢

Salt Pork - Fat Meat lb. 59¢

Fresh Produce

LETTUCE
Large Head 29¢

Tomatoes

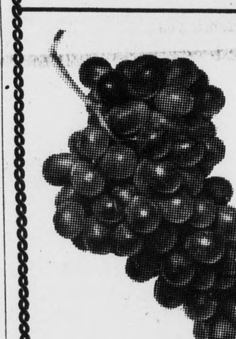


lb. 39¢

Turnips Fresh lb. 10¢

Idaho-Baking - Medium Size 110 Count
Potatoes 2 lbs. 39¢

California Emperor
Grapes



lb. 49¢

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Salisbury Steak, Fried Chicken, Meat Loaf, Turkey, 39¢

Ice Cream Sandwiches 49¢
Sealtest 6 Pack

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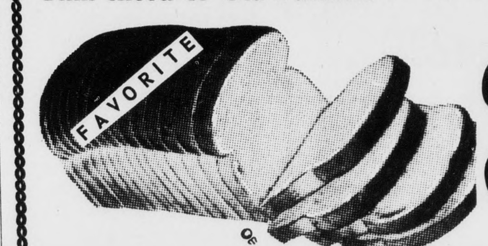

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Nabisco Premium
Saltine Crackers 39¢
- 1 lb. box

Richfood - Buttermilk or Sweet Milk
Biscuits 4 for 39¢
- 4 Oz. Cans

Gold Metal
Black Pepper 4 Oz. Can 39¢

Kleenex -White & Asst. Colors - 200 count
Facial Tissue 3 for 99¢

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Orange Drink - ½ Gal. 57¢

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C. C. Bigs, Chocolate Chip -

Chocolate Flavor
Nestles Quick

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